

Patient Number: _____

Florida Medical Cannabis Clinic
www.flmedcannabis.org
352-616-9892



New Medical Cannabis Patient Application Process

In order to purchase and legally possess medical cannabis you must submit a State Registry card application and obtain approval from the State Office of Medical Marijuana Use (OMMU). ***Please complete your application as soon as possible as we will NOT be able to extend certifications for delayed applications.*** You can complete this application online or by paper.

- Open the emails sent to you by the Office of Medical Marijuana Use (OMMU). Follow the instructions to create your login/password and access your [Medical Marijuana Use Registry \(MMUR\)](#) account.
- Click the YOUR CARD screen and begin your application. Follow the prompts to pull or upload your photo and proof of residency documents.
- Type your name to sign & submit the application.
- Process the application payment.

State Application Office: 1-800-808-9580

Once your application is fully processed, the OMMU will send you an approval email that serves as your temporary ID card. Processing is currently taking approximately 10 business days. **If you do not receive your approval or a status update in this time period call the State Application Office to check on your application. If you have questions or need assistance with any aspect of the card application or approval process you must contact the State directly.** Please follow the application directions carefully to avoid delays to your approval.

Things to Know

We have additional resources and education available on our website under the Patient Hub tab. If you need additional guidance between appointments please contact our Cannabis Health Coach at Kristina@flmedcannabis.org or call patient care at 352-616-9892 option 2.

After your initial follow up exam (4 months) you will be seen every 6 months for recertification. These appointments are required to maintain legal status. You must have an active ID card, certification, and medication orders at all times. Your ID card is renewed on a yearly basis.

FOLLOW UP APPT: _____ Spring Hill LOL Wesley Chapel

Obtaining and Using Medical Cannabis

Once approved you can set up delivery from or visit the MMTCs (dispensaries) of your choice to purchase medication. Cannabis cannot be legally prescribed like a traditional medication. You will receive a recommendation, not a prescription. Your recommendation WILL NOT specify the exact medication, how much to take, and when to take it. We have provided you with education and guidance on how to start and some products you may want to try based on your needs and preferences, but you are in control of your own dosing and method of delivery. While this does take some learning and experimentation, patients overwhelmingly value the sense of empowerment that the flexible nature of cannabis medicine brings into their lives. You may find it helpful to bring our written suggestions with you to the dispensary when you go to purchase. Ask questions & advocate for yourself when shopping.

We encourage you to do your own research and learn about cannabis. The more active role you take in your cannabis care the better results you will see. Take time to learn, review dispensary websites, and make a plan for your orders. Sign up for MMTC email lists and text alerts for discounts and sale notifications. You can consult our website, patient guide, and other online resources like www.leafly.com for further information. On our website is a Patient Resource Hub with links and information about using cannabis and navigating the FL program.

Taking note of your symptoms and listening to your body is important for getting the most out of your cannabis medicine. Rate your symptoms and note how you are feeling prior to dosing, what strain/product you used, how much, and how you feel after. Pay attention to which strains/products work best for which symptoms and use accordingly as you move forward.

Bring this information to your follow up appointment so we can better assist you.

The details of your recommendation can be found in the State Registry. Our standard recommendation includes orders for low THC cannabis (CBD), medical marijuana (high THC), and smokable cannabis with inhalation, oral, edible, and topical routes of administration unless otherwise discussed. The dose provided is a standard MAX dose per day - do not start there. *Everyone's perfect dose is different. Start low and slowly titrate your dose up/down over time until you find what best alleviates your symptoms. Dose as frequently as you need.*

Routes of Administration Cheat Sheet		
Route	Onset	Duration
Inhalation	1-5 minutes	1-4 hours
Sublingual	15-45 minutes	3-6 hours
Oral/Edible	30-120 minutes	6-8 hours
Topical/Transdermal	Varies, 15+ minutes	Varies by type, 4-72 hours
Suppository	20-30 minutes	Varies